

Flow of Event

Science & Spiritual Quest

Five Days Workshop Organized by Indrashil University



Day-1

SCIENCE AND SPIRITUALITY: TWO SIDES OF A COIN.			
TIME	EVENT NAME	ACTIVITY IN-CHARGE	
10:00 A.M. to 10:07 A.M.	Welcome Address/Lighting of Lamp	Shubham Sharma	
10:07 A.M. to 10:15 A.M.	Ganesh Vandana		
10:15 A.M. to 10:21 A.M.	Introduction of Dignitaries		
10:21 A.M. to 10:30 A.M.	Introductory Remark by Dr. J.S. Yadav		
10:30 A.M. to 10:40 A.M.	Introductory Remark by Dr. Richa Dayaramani		Luv Desai
10:40 A.M. to 10:50 A.M.	Opening Remarks by Program Convener Dr. Arun Kumar		Akash Pandey
10:50 A.M. to 11:00 A.M.	Tea Break		
11:00 A.M. to 12:30 P.M.	Expert Talk by Dr. Anil Bhardwaj [Online]		Khushi Pandey
12:30 P.M. to 01:30 P.M.	Lunch Break		
01:30 P.M. to 01:50 P.M.	Cultural Performance + Story Telling		
01:50 P.M. to 02:30 P.M.	Games		
02:30 P.M. to 03:00 P.M.	Drama		
03:00 P.M. to 03:45 P.M.	Wrap Up with Tea Break		

Day-2

CONSCIOUSNESS STUDIES: AN EXPLORATION TOWARDS REAL SELF.		
TIME	EVENT NAME	ACTIVITY IN-CHARGE
09:30 A.M. to 10:15 A.M.	Expert Talk by Renata Keller [Online]	Shubham Sharma
10:15 A.M. to 10:30 A.M.	Meditation	
10:30 A.M. to 11:00 A.M.	Tabla + Guitar	Luv Desai
11:00 A.M. to 12:30 P.M.	Expert Talk by BK Shivani [Online]	Akash Pandey
12:30 P.M. to 01:30 P.M.	Lunch Break	
01:30 P.M. to 02:10 P.M.	Quiz	Khushi Pandey
02:10 P.M. to 03:00 P.M.	Art Exhibition	
03:00 P.M. to 03:30 P.M.	Wrap Up with Tea Break	

Day-3

MECHANICS OF PIVOTAL MIND		
TIME	EVENT NAME	ACTIVITY IN-CHARGE
10:00 A.M. to 10:10 A.M.	Introduction	Shubham Sharma
10:10 A.M. to 10:30 A.M.	Meditation	
10:30 A.M. to 11:00 A.M.	Documentary	
11:00 A.M. to 12:30 P.M.	Expert Talk by Chidananda Swami [Offline]	Luv Desai
12:30 P.M. to 01:30 P.M.	Lunch Break	Akash Pandey
01:30 P.M. to 01:45 P.M.	Poetry	
01:45 P.M. to 03:15 P.M.	Scientific Demonstration	Khushi Pandey
03:15 P.M. to 03:30 P.M.	Dance	
03:45 P.M. to 04:00 P.M.	Wrap Up with Tea Break	

Day-4

BEYOND LIFE AND DEATH: A MYSTICAL JOURNEY		
TIME	EVENT NAME	ACTIVITY IN-CHARGE
10:00 A.M. to 10:30 A.M.	Meditation	Shubham Sharma Luv Desai Akash Pandey Khushi Pandey
10:30 A.M. to 11:00 A.M.	Drama + Story Telling	
11:00 A.M. to 12:30 P.M.	Expert Talk by Dr. Arun Kumar & Dr. Kedar Pathak [Offline]	
12:30 P.M. to 01:30 P.M.	Lunch Break	
01:30 P.M. to 02:00 P.M.	Cultural Performance + Documentary	
02:00 P.M. to 02:45 P.M.	Speech by Dr. Alok Tripathi [Spiritual aspect of Thermodynamics and Material Science]	
02:45 P.M. to 03:00 P.M.	Tea Break	
03:00 P.M. to 03:40 P.M.	Scientific Demonstration	
03:40 P.M. to 04:00 P.M.	Garba	

Day-5

A KEY FOR TOTAL FULFILLMENT		
TIME	EVENT NAME	ACTIVITY IN-CHARGE
10:00 A.M. to 10:40 A.M.	Meditation + Introduction	Akshay Khambholja
10:40 A.M. to 11:00 A.M.	Talk by Shubham Sharma [IU Alumnus]	
11:00 A.M. to 12:30 P.M.	Expert Talk by Sundar Gopal Das [Online]	Shubham Sharma
12:30 P.M. to 01:30 P.M.	Lunch Break	
01:30 P.M. to 02:00 P.M.	Expert Talk by Dr. Richa Dayaramani	Luv Desai
02:00 P.M. to 03:00 P.M.	Valedictory Function	Akash Pandey
03:00 P.M. to 03:30 P.M.	Ecstatic Kirtan by Iskcon Brahmacharis	
03:30 P.M.	Program Closure	Khushi Pandey